

# BICC

BARCELONA INTERNATIONAL COUGH CONFERENCE

## HYBRID EVENT:

- **UAB CASA CONVALESCÈNCIA**  
(Sant Pau Hospital Art Nouveau Site)
- **STREAMING** via [www.bicc.es](http://www.bicc.es)

**15 - 16 March 2024**

### Scientific director:

**Dr. Christian Domingo Ribas**

Pulmonary Service, Hospital de  
Sabadell, Parc Taulí-Universitat  
Autònoma de Barcelona Healthcare  
Corporation

### Organized by:



[www.bicc.es](http://www.bicc.es)

## PRESENTATION

In 2015, we held the first monographic international symposium in Spain on a pathology that is the most prevalent respiratory condition today: cough. It was the first time that a meeting of this kind had been held in the area of influence of the Spanish Society of Pulmonology and Thoracic Surgery (SEPAR). Over the intervening years, coinciding with the publication of SEPAR's regulations on chronic cough, significant advances in our knowledge of cough management have been recorded. Our carefully constructed programme, which has attracted leading speakers in the field from both Spain and abroad, reflects the growing interest in this field.

**Dr. Christian Domingo**

President of the Organizing Committee

## TARGET AUDIENCE

All health practitioners with an interest in the management of cough as a pathology or as a symptom:

### Primary:

- Pulmonologists
- Primary care physicians
- Allergists
- Internists
- ENT specialists
- Pediatricians

### Secondary:

- Gastroenterologists
- Infectious disease specialists
- Pharmacists
- Geriatricians
- Occupational medicine specialists
- Cardiologists

## AIMS

To disseminate recent developments in the management of cough through the testimonies and insights of recognized experts.

### General aims:

- To bring the research currently underway to a wider audience.
- To encourage cooperation in clinical research by bringing together physicians, scientists, patients and industry.
- To offer a shared vision of the developments in the clinical management of chronic cough.

### Specific aims:

- To provide information on the clinical pattern and the health burden of chronic cough.
- To discuss current and future developments in the management of cough
- To support the inclusion of chronic cough as a distinct clinical entity in the 11th revision of the WHO's International Classification of Diseases.

## SCIENTIFIC SECRETARIES

**Dra. Ebymar Arismendi Núñez**

Respiratory Diagnosis Centre, Pulmonology Service  
Hospital Clínic de Barcelona

**Dra. Laura Vigil Giménez**

Pulmonology Service, Hospital de Sabadell  
Parc Taulí-Universitat Autònoma de Barcelona  
Healthcare Corporation

**Dra. Ana Sogo Sagardía**

Pulmonology Service, Hospital de Sabadell Parc  
Taulí-Universitat Autònoma de Barcelona Healthcare  
Corporation

# PROGRAMA

## FRIDAY 15 MARCH 2024

**08:00h** Reception and documentation

**09:00h** Welcome and presentation

- Dr. Christian Domingo; Dr. Laura Vigil; Dr. Ana Sogo; Dr. Ebymar Arismendi

## SESSION I. Presentation of NEuroCOUGH

**Moderators:** Dr. Christian Domingo

**09:20h** The ERS NEuroCOUGH Clinical Research Collaboration: Working together to advance the management and treatment of cough

- Prof. Dr. Lorcan McGarvey

## SESSION II. Clinical gems (I)

**Moderators:** Dr. Ebymar Arismendi; Dr. Christian Domingo

**09:40h** Questionnaires for use in the study of chronic cough

- Dr. Ana Sogo

**10:00h** The gut-lung axis

- Prof. Dr. Alyn H. Morice

**10:20h** Discussion

**10:30h** Coffee break

## SESSION III. New developments in cough counting

**Moderators:** Dr. Laura Vigil; Prof. Dr. Lorcan McGarvey

**11:00h** Challenges, variables and unknowns in clinically relevant objective cough analysis

- Ms. Helen Venn

**11:20h** Introducing C-mo: a new tool for cough characterization, going beyond cough frequency monitoring

- Dr. João Carlos Winck

**11:40h** There be Dragons: going beyond 24 hours in cough monitoring

- Dr. Carlos Chaccour

**12:00h** Discussion

## SESSION IV. New treatments for chronic cough

**Moderators:** Prof. Dr. Alyn H. Morice; Dr. Christian Domingo

**12:10h** The development of Gefapixant. The first P2X3 receptor antagonist for chronic cough

- Dr. George Philip

**12:30h** Is allergen immunotherapy suitable for the treatment of allergic cough and asthma?

- Prof. Dr. Eike Wüstenberg

**12:50h** Cough and COPD. Role of inhaled therapy

- Dr. Ana M<sup>a</sup> Pueyo

**13:10h** Discussion

**13:20h** Lunch

## SESSION V. Other treatment options in chronic cough

**Moderators:** Dr. Ana Sogo; Dr. Ana M<sup>a</sup> Pueyo

**15:00h** Preventive and therapeutic options for unusual causes of cough in the air

- Dr. Jordi Roig

**15:20h** Cough and asthma: the allergist's view

- Dr. Irina Babolea

**15:40h** Chronic cough: the pharmacist's view

- Dr. Jorge del Estal

**16:00h** Discussion

**16:10h** Coffee break

## SESSION VI. Chronic cough in Latin America

**Moderators:** Dr. Christian Domingo

**16:40h** Chronic cough in Mexico

- Dr. Luis Rendón

**16:50h** Chronic cough in Colombia

- Dr. Carlos Torres

**17:00h** Chronic cough in Argentina

- Dr. Daniel Colodenco

**17:10h** Chronic cough in Brazil

- Prof. Dra. Valeria María Augusto

**17:20h** Chronic cough in Chile

- Dr. Patricia Schonfeld

**17:30h** Chronic cough in Venezuela

- Dr. Lérica Padrón

**17:40h** Discussion

**18:00h** End of day 1

After the BICC scientific day, we invite all attendees to participate in the conference (from 6:00 p.m. to 6:45 p.m.) moderated by Dr. Carmen Hernández and Dr. Esusebi Chiner. They will reveal the day-to-day life of the patient suffering from chronic cough, living with the disease and will give a touch of humanity to scientific conferences.

## SATURDAY 16 MARCH 2024

## SESSION VII. Clinical gems (II)

**Moderators:** Dr. Luis Puente

**09:00h** Diagnostic tests in chronic cough

- Dr. Laura Vigil

**09:20h** Prevalence of chronic cough in Spain and characteristics of the population affected

- Dr. Javier Domínguez-Ortega

**09:40h** Discussion

## SESSION VIII. Studies of chronic cough in Spain (I)

**Moderators:** Dr. Ferran Morell; Dr. Daniel-Ross Monserrate

**09:50h** Referral study

- Dr. Jaime González

**10:10h** Incontinence and cough: What do we need to know?

- Dr. Clara Centeno

**10:30h** Discussion

**10:40h** Coffee break

## SESSION IX. Studies of chronic cough in Spain (II)

**Moderators:** Dr. Ferran Morell; Dr. Daniel-Ross Monserrate

**11:10h** Repercussions of chronic cough on incontinence

- Dr. Luis Puente

**11:30h** Emotions associated with cough

- Dr. Ebymar Arismendi

**11:50h** Chronic cough and CANVAS

- Dr. Esther Palones

**12:10h** Discussion

## SESSION X. Keynote lecture

**Moderators:** Dr. Christian Domingo

**12:20h** Post-COVID chronic cough: updated evidence on management strategies

- Prof. Dr. Woo-jung Song

**12:40h** Discussion

## CLOSURE BICC 2024

**13:00h** Dr. Christian Domingo

## FORMAT AND REGISTRATION

Participants may attend BICC either in person or online. In both formats it will be possible to follow the 10 conference-type sessions and at the end of the session, there will be time to ask questions.

### IN SITU FORMAT:

15 - 16 March 2024

Venue: UAB CASA CONVALESCÈNCIA  
(Hospital Sant Pau *Art Nouveau* Site)  
C/ de St. Antoni Maria Claret, 171,  
Horta-Guinardó, 08041, Barcelona

Registration via the BICC website:  
**[www.bicc.es](http://www.bicc.es)**

#### FEES:

- Before 29/02/2024: **470.5€**
- After 01/03/2024: **525€**
- **370€** for members of collaborating societies\*
- **175€** for pensioners\*

\* To qualify for this discount, please specify the pensioner status or the membership on the form and provide proof (e.g., letter from the president, last receipt of membership fee, etc.).

### VIRTUAL FORMAT:

15 - 16 March 2024

Registration and Access via the BICC website:  
**[www.bicc.es](http://www.bicc.es)**

#### FEES:

- Before 29/02/2024: **375€**
- After 01/03/2024: **447€**
- **275€** members of collaborating societies\*
- **50€** for pensioners\*

#### The registration fee includes:

- Attendance at all sessions and presentations.
- Documentation and attendance certificate.
- Lunch and morning and afternoon coffee during the event (in situ).
- Simultaneous translation (Sp - Eng)
- Accreditation. Application in progress CCFCPS.

## ORGANIZATION AND LOGISTICS

### FUCAP (Catalan Pulmonology Foundation):

- Email contact: [secretaria.bicc@fucap.cat](mailto:secretaria.bicc@fucap.cat)
- Address: C/ Balmes, 184, 2n 1a; 08006 Barcelona
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